

WestPAC Cross Country Awards 2026

Boys WestPAC Champions- Houghton

Boys Runner of the Year- Brandon Van Karsen, Houghton, Junior

Boys West PAC All Conference Runners (Name, School, Grade)

Alex Rodriguez, Calumet, Jr.
Jason Parmelee, Hancock, Jr.
Cole Ceane, Houghton, So.
Vincent Gemelli, Houghton, Jr.
Tyler Rule, Houghton, Fr.
Brandon Van Karsen, Houghton, Jr.
Tristan Wolfe, Houghton, Jr.
Kemper Gearhart, Ishpeming, Sr.
Branson Anderson, Jeffers, Jr.
Liam Kinnunen, Jeffers, So.
Noah Randell, Jeffers, Sr.
Anders Johnston, Negaunee, Jr.
Evan Menge, Negaunee, Fr.
Tyler Rautiola, Negaunee, So.
Calvin Carlson, Westwood, So.

Girls WestPAC Champions- Houghton

Girls Runner of the Year- Holly Cooke, Houghton, Junior

West PAC All Conference Runners (Name, School, Grade)

Rita Eskola, Calumet, Sr.
Elli Harju, Calumet, Jr.
Bethany McParlan, Calumet, Jr.
Holly Cooke, Houghton, Jr.
Eva Inal, Houghton, Fr.
Emma Jukuri, Houghton, Fr.
Cecilia McDonald, Houghton, Jr.
Maggie Middlebrook, Houghton, Fr.
Norah Woodruff, Houghton, Sr.
Sophie Mahoski, Ishpeming, Jr.
Remi Coponen, Jeffers, Jr.
Tenley Larson, Jeffers, Jr.
Adela Miller, Negaunee, Jr.
Julia Plaxco, Negaunee, Fr.
Eliza Sicotte, Negaunee, Jr.

Girls and Boys Coach of the Year - Traci Welch, Houghton