

2025 STATE TRACK & FIELD MEET SCHEDULE

May 29-31, 2025 – Howard Wood Field, Sioux Falls

Track Events Order = Girls **B-A-AA**, followed by Boys **B-A-AA**

| THURSDAY | TRACK | | FIELD | |
|----------|------------------------------------|--|----------------------|---------------------|
| | 11:00 AM | Girls 100 Meter Hurdles - Prelims | 10:00 AM | B Girls Pole Vault |
| | 11:20 AM | Boys 110 Meter Hurdles - Prelims | 10:30 AM | B Boys Long Jump |
| | 11:40 AM | Girls 3200 Meter Relay - Finals | | A Boys High Jump |
| | 12:50 PM | Boys 3200 Meter Relay - Finals | | A Boys Shot Put |
| | 1:50 PM | Girls 100 Meter Dash - Prelims | | AA Boys Javelin |
| | 2:15 PM | Boys 100 Meter Dash - Prelims | 1:00 PM | B Girls Long Jump |
| | 2:40 PM | Girls 400 Meter Relay – Prelims | | A Girls Javelin |
| | 3:10 PM | Boys 400 Meter Relay - Prelims | | AA Girls Pole Vault |
| | 3:40 PM | Girls Sprint Medley - Finals | | AA Girls Shot Put |
| 4:40 PM | Boys Sprint Medley - Finals | B Boys Discus | | |
| | | AA Boys Triple Jump | | |
| | | 3:30 PM | B Girls Discus | |
| | | | A Girls High Jump | |
| | | 4:00 PM | AA Girls Triple Jump | |
| | | | A Boys Pole Vault | |

| FRIDAY | TRACK | | FIELD | |
|--------|----------|--------------------------------------|-------------------|---------------------|
| | 9:30 AM | Girls 3200 Meter Run - Finals | 9:00 AM | B Girls High Jump |
| | 10:20 AM | Boys 3200 Meter Run - Finals | | A Girls Discus |
| | 11:00 AM | Girls 800 Meter Relay - Prelims | | A Girls Pole Vault |
| | 11:40 AM | Boys 800 Meter Relay - Prelims | | B Boys Shot Put |
| | 12:20 PM | Girls 400 Meter Dash - Prelims | | A Boys Triple Jump |
| | 12:50 PM | Boys 400 Meter Dash - Prelims | 11:30 AM | B Girls Javelin |
| | 1:20 PM | Girls 300 Meter Hurdles - Prelims | | A Girls Triple Jump |
| | 1:45 PM | Boys 300 Meter Hurdles - Prelims | | AA Girls Long Jump |
| | 2:10 PM | Girls 800 Meter Run - Finals | | B Boys High Jump |
| | 2:35 PM | Boys 800 Meter Run - Finals | | AA Boys Discus |
| | 3:00 PM | Girls 200 Meter Dash - Prelims | 12:00 PM | AA Boys Pole Vault |
| | 3:20 PM | Boys 200 Meter Dash - Prelims | 2:00 PM | A Girls Shot Put |
| | 3:35 PM | Girls 1600 Meter Relay - Prelims | | AA Girls Discus |
| | 4:30 PM | Boys 1600 Meter Relay - Prelims | | B Boys Javelin |
| | | AA Boys Long Jump | | |
| | | 3:00 PM | B Boys Pole Vault | |

| SATURDAY | TRACK | | FIELD | |
|----------|-----------------------|---|------------------|---------------------|
| | 10:00 AM | Girls 100 Meter Hurdles | 9:00 AM | B Girls Triple Jump |
| | 10:15 AM | Boys 110 Meter Hurdles | | AA Girls Javelin |
| | 10:25 AM | Girls 100 Meter Dash | | A Boys Discus |
| | 10:40 AM | Boys 100 Meter Dash | | A Boys Long Jump |
| | 10:55 AM | Girls 800 Meter Relay | | AA Boys High Jump |
| | 11:10 AM | Boys 800 Meter Relay | AA Boys Shot Put | |
| | 11:25 AM | Girls 1600 Meter Run | 11:30 AM | B Girls Shot Put |
| | 11:45 AM | Boys 1600 Meter Run | | A Girls Long Jump |
| | 12:10 PM | Girls 400 Meter Relay | | AA Girls High Jump |
| | 12:20 PM | Boys 400 Meter Relay | | B Boys Triple Jump |
| | 12:35 PM | Girls 400 Meter Dash | | A Boys Javelin |
| | 12:50 PM | Boys 400 Meter Dash | | |
| | 1:05 PM | Girls 300 Meter Hurdles | | |
| | 1:20 PM | Boys 300 Meter Hurdles | | |
| | 1:35 PM | * Special Awards* | | |
| | 1:50 PM | Girls 200 Meter Dash | | |
| | 2:05 PM | Boys 200 Meter Dash | | |
| | 2:20 PM | * Announcements/Awards Instructions* | | |
| | 2:25 PM | Girls 1600 Meter Relay | | |
| 2:40 PM | Boys 1600 Meter Relay | | | |