

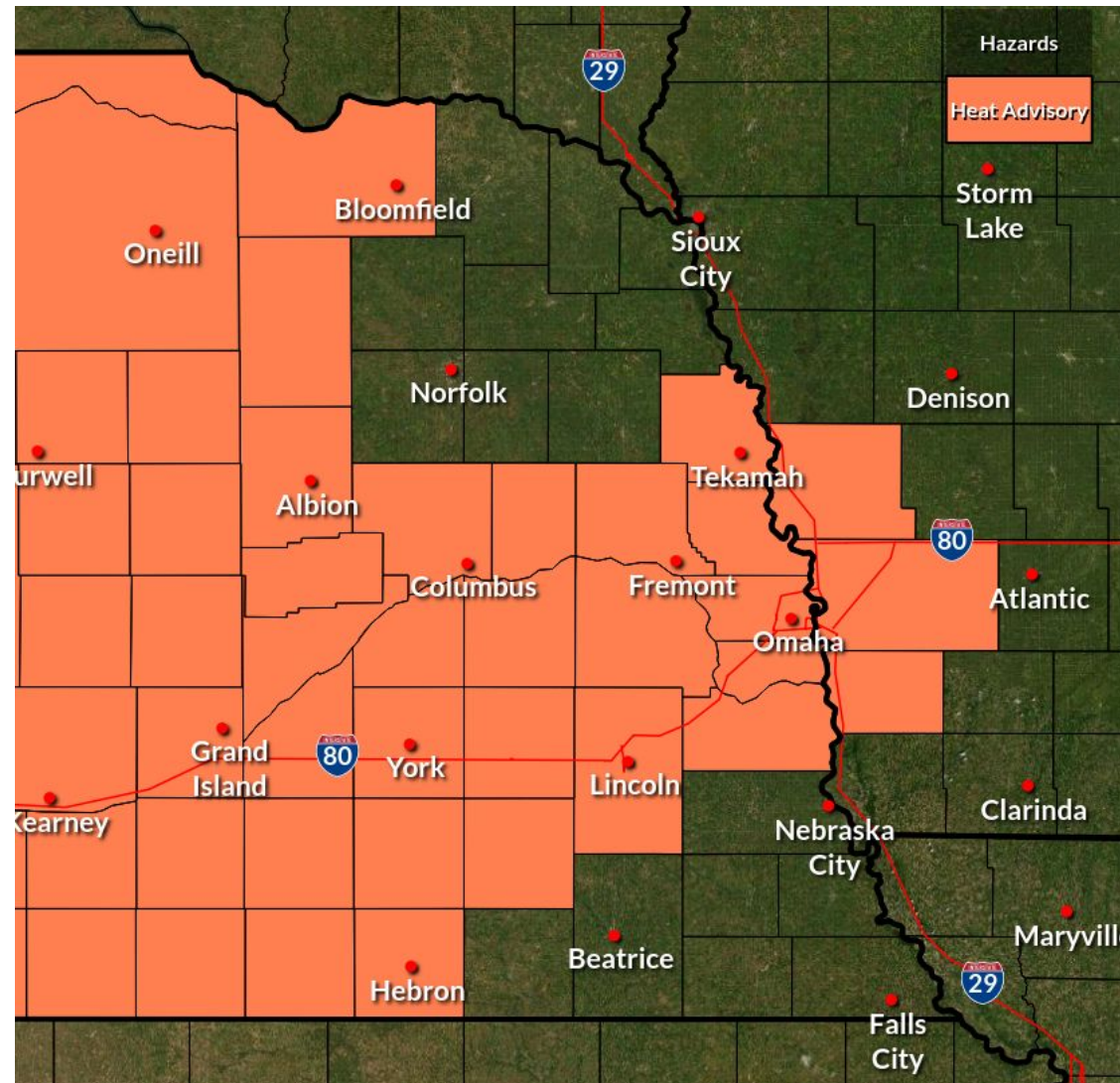
Dangerous Heat Returns This Weekend

August 14, 2025
5:49 AM

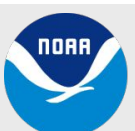
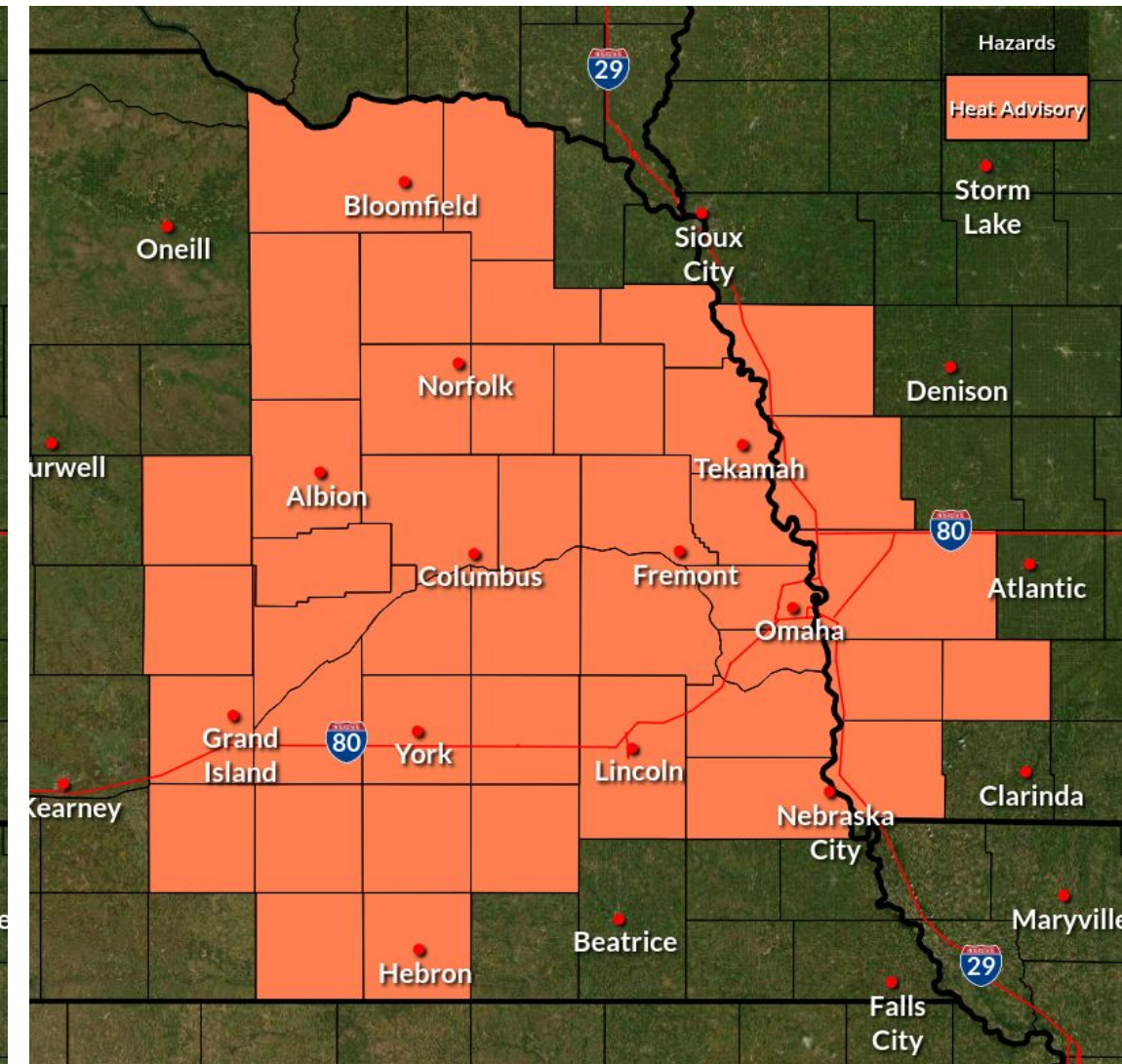
Additional Information:

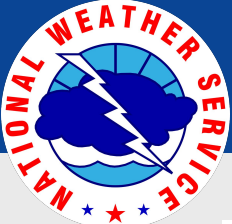
- **Heat Advisory** in effect for parts of eastern Nebraska and western Iowa Friday and Saturday afternoons and evenings.
- Heat indices near 105 on Friday, and in the 105-110 range on Saturday.
- Temperatures cool slightly Sunday, with lower humidities.

Friday



Saturday

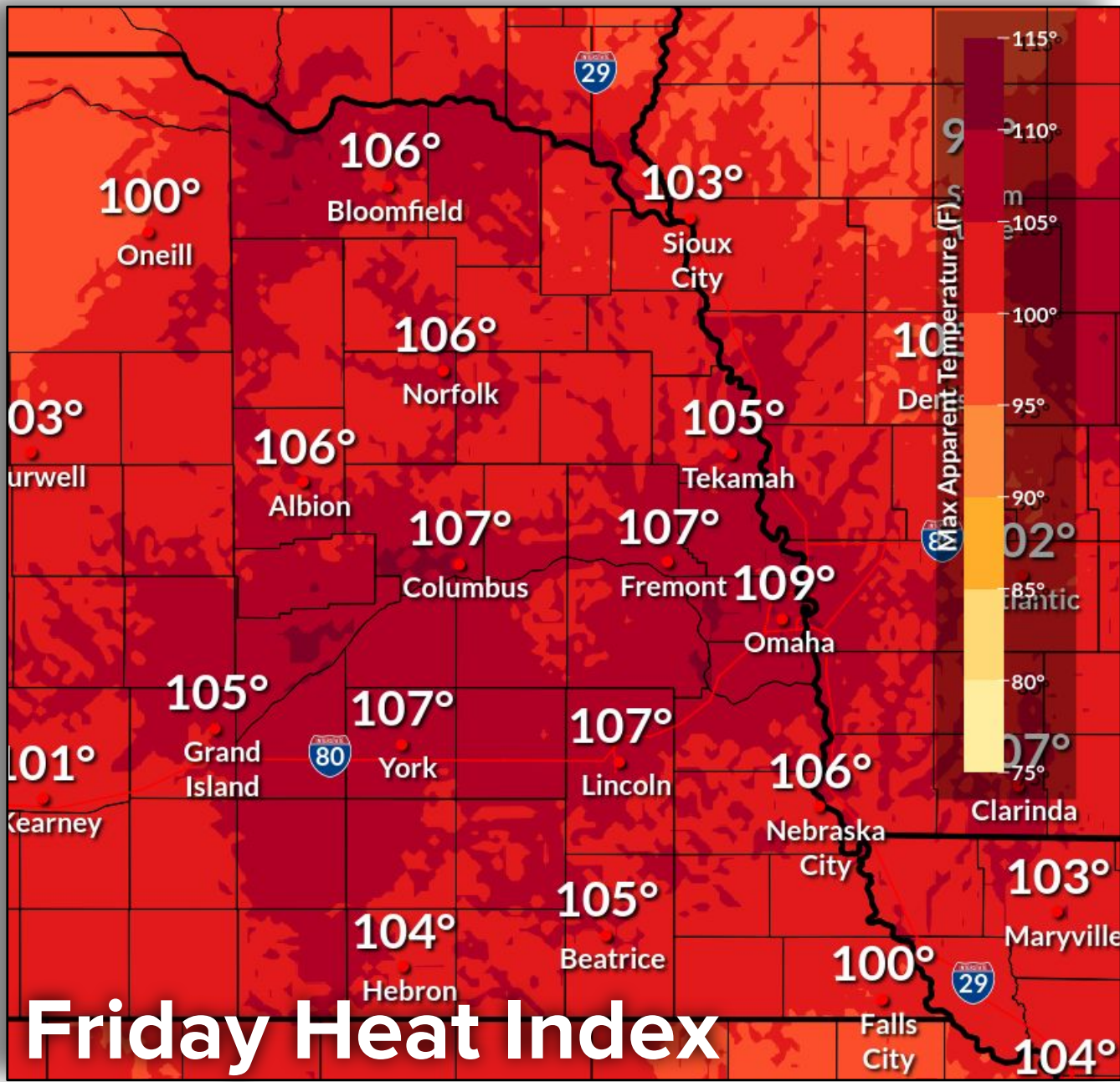




Friday Heat Index

August 14, 2025
5:49 AM

	Fri						Sat			Maximum
	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	
Albion	73	77	91	102	105	92	83	78	75	105
Beatrice	72	77	94	103	102	91	84	83	76	103
Bloomfield	74	76	90	102	103	91	82	82	75	103
Clarinda	70	75	94	106	105	90	79	77	74	106
Columbus	74	78	94	105	106	94	85	79	76	106
Fairbury	72	77	95	103	103	91	82	78	75	103
Falls City	70	76	93	98	98	87	79	77	75	98
Fremont	73	77	95	105	105	91	83	78	76	105
Harlan	71	75	91	102	99	89	79	77	73	102
Hartington	74	77	91	101	103	91	85	83	75	103
Lincoln	76	83	97	105	105	95	88	85	78	105
Nebraska City	72	77	95	103	103	92	85	79	75	103
Neligh	73	76	90	101	101	90	82	79	75	101
Norfolk	74	77	91	103	100	90	82	78	75	103
Omaha	74	77	96	106	106	97	88	83	77	106
Onawa	72	76	91	101	101	90	79	78	74	101
Red Oak	71	75	93	105	102	89	79	77	74	105
Seward	73	77	91	105	102	91	82	79	76	105
Tekamah	72	76	92	101	102	90	79	78	74	102
Wayne	74	77	91	100	102	90	83	78	74	102
West Point	72	76	91	97	101	89	79	77	73	101



Friday Heat Index

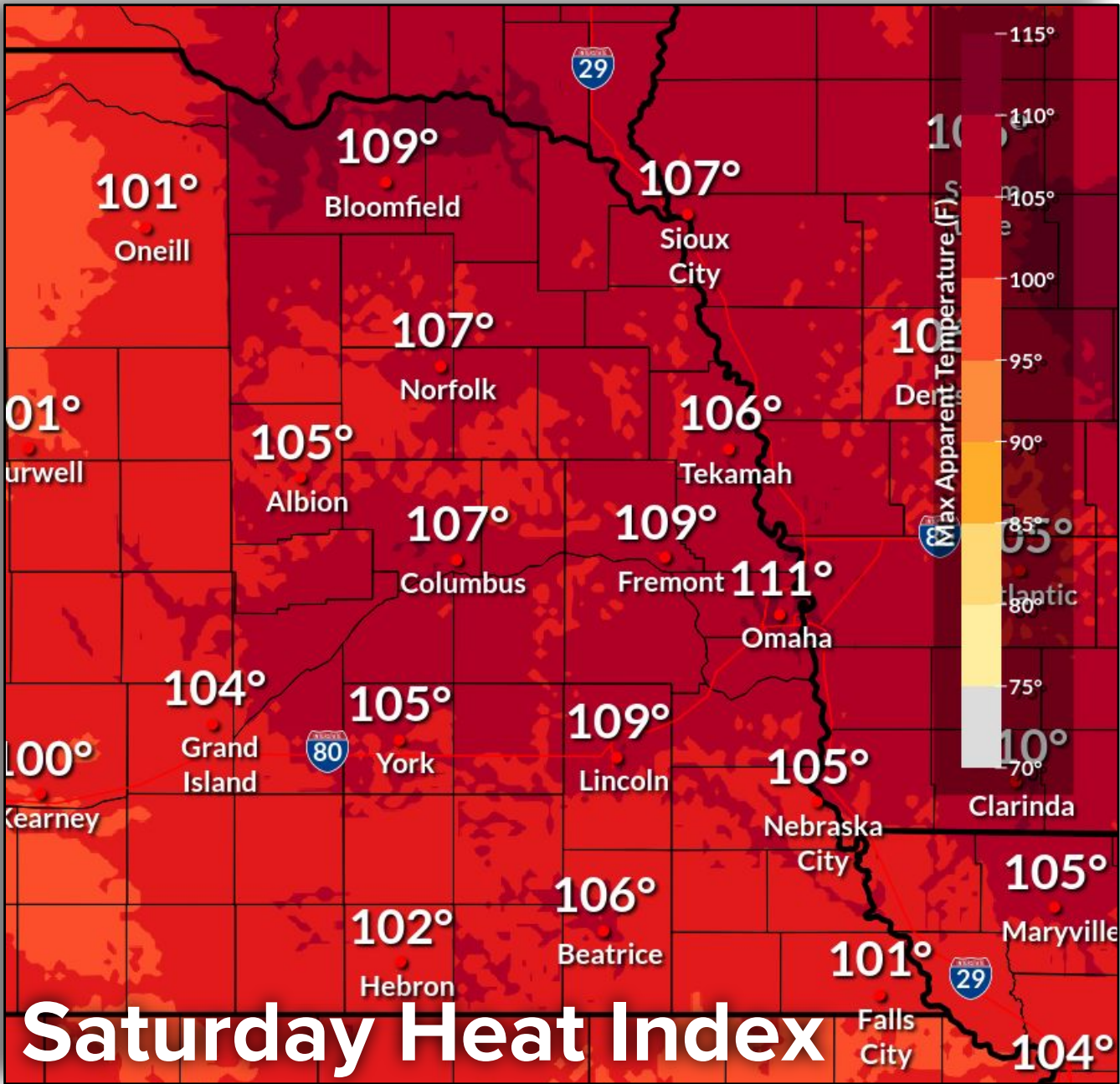




Saturday Heat Index

August 14, 2025
5:49 AM

	Sat						Sun			Maximum
	6am	9am	12pm	3pm	6pm	9pm	12am	3am	6am	
Albion	75	82	96	104	103	91	79	76	72	104
Beatrice	76	85	98	104	101	91	82	78	75	104
Bloomfield	75	79	97	107	106	90	79	77	73	107
Clarinda	74	86	103	109	106	94	79	76	73	109
Columbus	76	84	100	106	105	92	83	78	74	106
Fairbury	75	84	97	103	101	89	82	77	74	103
Falls City	75	83	96	101	98	88	83	77	74	101
Fremont	76	86	100	107	105	91	83	77	74	107
Harlan	73	79	96	105	103	89	78	75	72	105
Hartington	75	83	97	107	106	91	79	77	74	107
Lincoln	78	88	102	108	104	95	86	83	77	108
Nebraska City	75	85	100	104	102	92	85	78	74	104
Neligh	75	82	95	104	103	90	82	76	73	104
Norfolk	75	79	98	106	100	89	82	77	73	106
Omaha	77	86	102	110	106	99	88	83	77	110
Onawa	74	83	97	103	105	91	83	77	74	105
Red Oak	74	84	102	106	103	93	84	77	74	106
Seward	76	84	97	105	101	88	82	77	74	105
Tekamah	74	83	96	102	102	90	79	76	73	102
Wayne	74	83	97	105	103	89	79	76	72	105
West Point	73	79	94	102	101	87	77	75	72	102



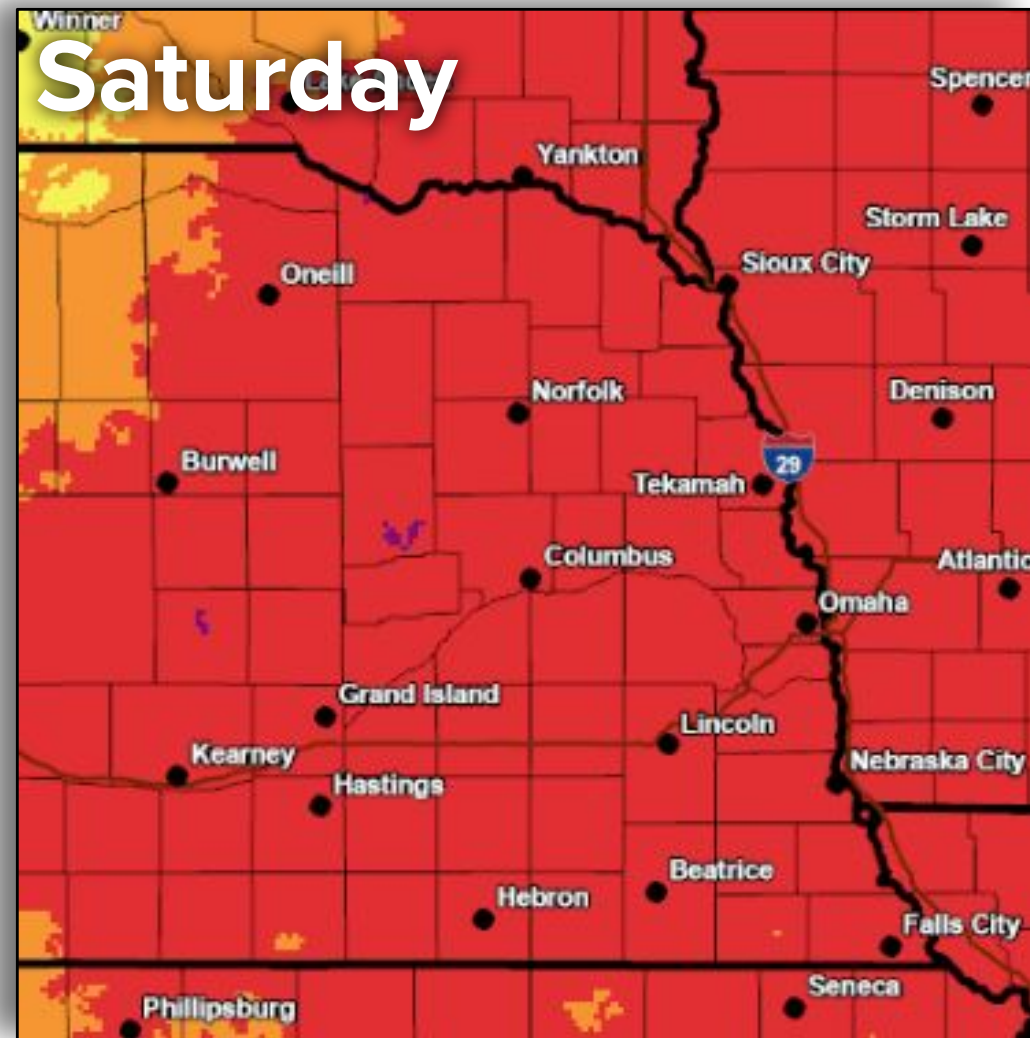
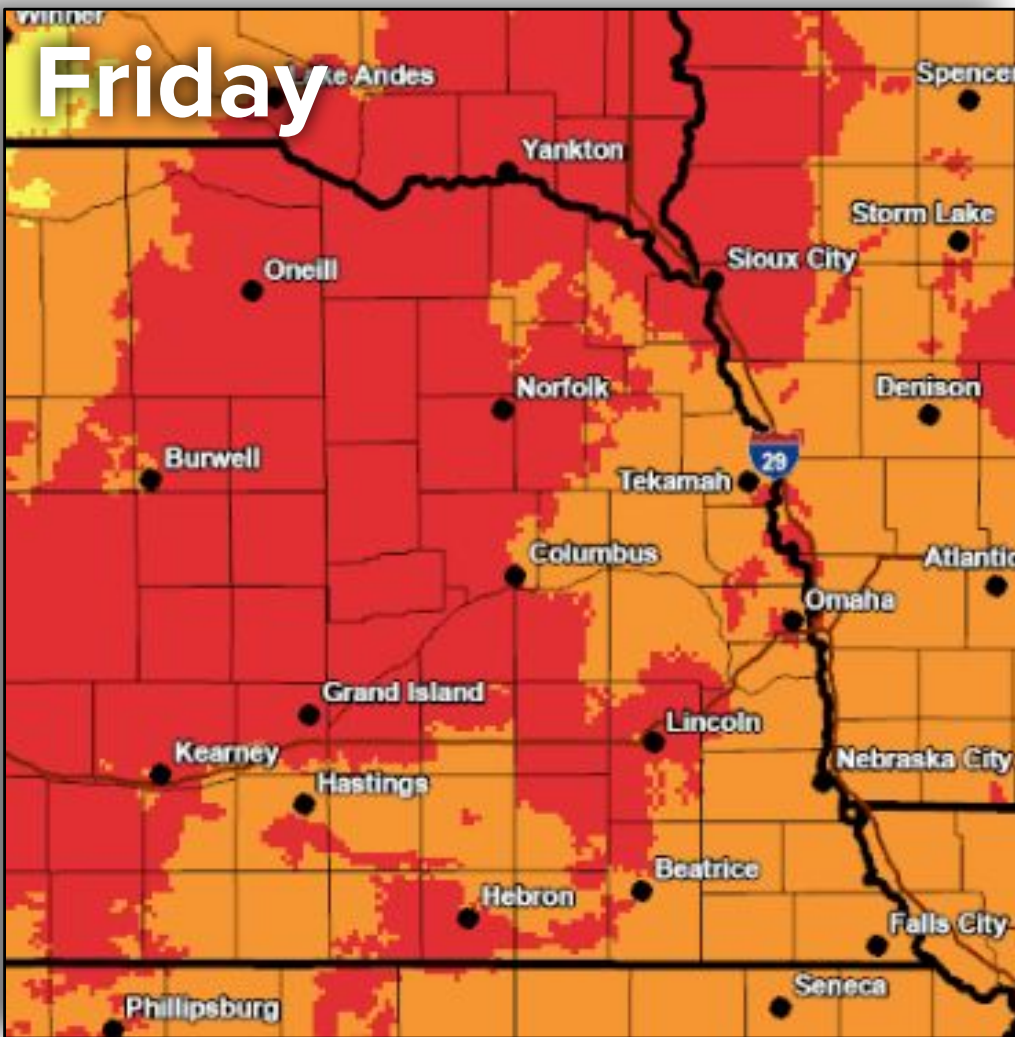
Saturday Heat Index





HeatRisk Categories

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moderate
Affects those who are sensitive to heat, especially those without cooling/hydration.

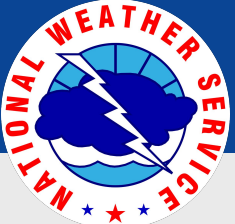
major
DANGEROUS for most people without proper hydration and adequate cooling.

WHAT CAN YOU DO?

More details at: wpc.ncep.noaa.gov/HeatRisk



- Know where to keep cool.
- Take frequent breaks and stay hydrated.
- Consider rescheduling outdoor events.



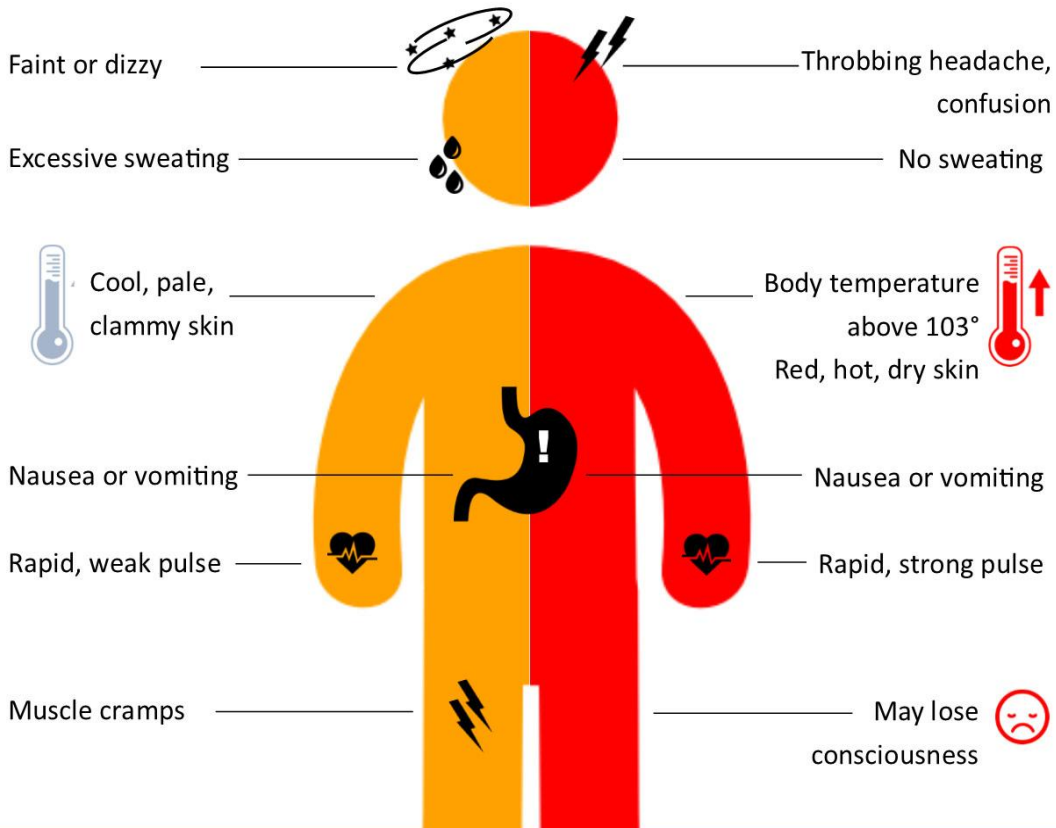
Safety and Resources

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HEAT EXHAUSTION

OR

HEAT STROKE



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Move person to cooler place
- Cool using cool cloths or bath
- Do not give anything to drink

Additional Resources

- [NWS Omaha Web Page](#)
- [NWS Omaha Weather Story Graphics](#)
- [Hourly Forecasts for a Point](#)

- [Severe Weather Outlooks](#)
- [Excessive Rainfall Outlooks](#)
- [Severe Weather Safety](#)



How To Report SEVERE WEATHER To The NWS

FACEBOOK

facebook.com/nwsomaha

X

[@NWSOmaha](https://twitter.com/NWSOmaha)

EMAIL

nws.omaha@noaa.gov

MOBILE APP

[mPING](#)

EASY ONLINE FORM

inws.ncep.noaa.gov/report/



National Oceanic and
Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Omaha/Valley, NE