

FM HS Coed 2025 - 4/29/2025

Tabor
Results

Girls 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Adams, Carsyn	10	Griswold	13.58 10
2	Houser, Amanda	10	Griswold	14.29 8
3	Wederquist, Kimber	12	Fremont-Mill	14.43 6
4	Haggerty, Keyana	09	Sidney	14.47 4
5	French, Piper	09	Stanton	14.72 2
6	Beatty, Alexis	10	Sidney	14.81 1
7	Castro, Lilly	09	Fremont-Mill	14.82
8	Reeves, Jaylyn	09	East Mills	14.89
9	Goy, Addy	12	East Mills	15.21
10	Campbell, Greenlie	09	Fremont-Mill	15.32
11	Capello, Neisa	11	Heartland Ch	15.55
12	Clark, Chloe	09	Sidney	15.88
13	Vera Nieto, Ashley	12	Ia School De	16.07
14	Dishong, Jadeyn	12	Griswold	16.09
15	Garcia, Lexani	10	Heartland Ch	16.57
16	Wilterdink, Adalie	10	Heartland Ch	16.76
17	Steinmetz, Grace	12	Heartland Ch	17.04
18	Wolfe, Jady	10	Fremont-Mill	17.16
19	Flynn, Lena	10	Sidney	17.96
20	Lockwood, Lexi	09	Griswold	18.62

Girls 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Olson, Hannah	12	Stanton	28.24 10
2	Hagen, Ellie	09	East Mills	29.27 8
3	Houser, Amanda	10	Griswold	29.48 6
4	Haggerty, Keyana	09	Sidney	29.52 4
5	Pontow, Teagan	09	East Mills	29.92 2
6	Cramer, Noel	12	Heartland Ch	29.99 1
7	Roberts, Lauren	09	Stanton	30.19
8	Wederquist, Kimber	12	Fremont-Mill	30.26
9	Grebin, Gabi	09	Stanton	33.59
10	Morgan, Czandrya	09	Sidney	35.29
11	Wolfe, Jady	10	Fremont-Mill	35.78
12	Flores, Joanna	10	Heartland Ch	36.54
13	Wilterdink, Adalie	10	Heartland Ch	36.55
14	Gill, Lillian	09	Fremont-Mill	38.55
15	Lockwood, Lexi	09	Griswold	40.36
16	Jetnil, Judy	12	Ia School De	44.65
17	John, Seriana	11	Ia School De	46.31

Girls 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Houser, Amanda	10	Griswold	1:07.05 10
2	Steinmetz, Ava	09	Heartland Ch	1:07.37 8
3	Pontow, Teagan	09	East Mills	1:07.95 6
4	Reafleng, Kaidynce	12	Fremont-Mill	1:09.52 4
5	Carter, Gracie	09	Fremont-Mill	1:10.56 2
6	Morrical, Sophia	11	East Mills	1:16.98 1

Girls 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Steinhoff, Alexa	09	Griswold	2:45.55 10
2	Askeland, Marissa	12	Griswold	2:52.64 8
3	Forney, Ava	10	Fremont-Mill	2:57.29 6
4	Morrical, Sophia	11	East Mills	3:02.73 4
5	Smith, Lindze	11	Fremont-Mill	3:10.16 2
6	Hopf, Corinne	10	Stanton	3:25.69 1
7	Fletchall, Victoria	12	Stanton	3:39.46
---	Harrison, Ryanna	09	Griswold	X3:05.89
---	Steffens, Claire	11	Griswold	X3:15.31

Girls 1500 Meter Run

	Name	Yr	School	Finals
Finals				
1	Steinmetz, Grace	12	Heartland Ch	5:13.60 10
2	Diehm, Keira	10	Heartland Ch	5:27.23 8
3	Billingsley, Brookelynn	10	Fremont-Mill	5:51.02 6
4	Barrett, Alexis	10	Sidney	6:36.03 4
5	Forney, Maria	12	Fremont-Mill	6:36.42 2
6	Millikan, Josie	11	Griswold	7:04.61 1

Girls 3000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Steinmetz, Grace	12	Heartland Ch	11:01.43 10
2	Diehm, Keira	10	Heartland Ch	11:38.39 8
3	Billingsley, Brookelynn	10	Fremont-Mill	12:46.67 6
4	Forney, Maria	12	Fremont-Mill	14:46.61 4
---	Millikan, Josie	11	Griswold	DQ

Girls 100 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Olson, Hannah	12	Stanton	15.40 10
2	Alley, Lana	11	Fremont-Mill	15.47 8
3	Johnson, Lauren	12	Stanton	16.44 6
4	Adams, Carsyn	10	Griswold	16.81 4
5	Wyman, Bristol	10	Griswold	17.59 2
6	Blackburn, Kinley	11	Fremont-Mill	17.60 1
7	Reeves, Jaylyn	09	East Mills	18.07
8	Cramer, Noel	12	Heartland Ch	19.87
9	Capello, Neisa	11	Heartland Ch	21.50
10	Hume, Maddy	10	Sidney	23.20

Girls 400 Meter Hurdles

	Name	Yr	School	Finals
Finals				
1	Gute, Bella	12	Fremont-Mill	1:07.67 10
2	Adams, Carsyn	10	Griswold	1:08.14 8
3	Adams, Addison	12	Griswold	1:12.60 6
4	Steinmetz, Ava	09	Heartland Ch	1:15.84 4
5	Reeves, Jaylyn	09	East Mills	1:19.57 2
6	Capello, Neisa	11	Heartland Ch	1:24.19 1

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Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	50.54 10
1) Gute, Reese 11	2) Gute, Bella 12	
3) Chambers, Carlie 12	4) Alley, Lana 11	
2 Stanton	A	52.29 8
1) Hart, Kyla 12	2) French, Piper 09	
3) Olson, Hannah 12	4) Johnson, Lauren 12	
3 East Mills	A	1:01.70 6
1) Fulton, Leighton 10	2) Hastie, Ruby 11	
3) Palmer, Loycee 11	4) Brown, Cloe 12	
4 Griswold	A	1:01.82 4
1) Dishong, Jadeyn 12	2) Peterson, Brooklynne 12	
3) Askeland, Marissa 12	4) Dorscher, Camille 09	
5 Ia School Deaf	A	1:06.90 2
1) Hernandez Arriaga, Johana 10	2) Kisichy, Rifenta 11	
3) Johns, Kaitlyn 11	4) Hull, Jenessa 12	
--- Sidney	A	DQ
1) Beatty, Alexis 10	2) Tackett, Jocelyn 10	
3) Foster, Addyson 10	4) Haggerty, Keyana 09	
--- Fremont-Mills	B	X58.24
1) Campbell, Greenlie 09	2) Castro, Lilly 09	
3) Wederquist, Kimber 12	4) Mattox, Hayleigh 11	
--- Griswold	B	X1:03.10
1) Amos, Zoey 10	2) Steffens, Claire 11	
3) Rush, Macy 10	4) Harrison, Ryleigh 12	
--- Sidney	B	X1:03.42
1) Clark, Chloe 09	2) Hale, Kaelynn 09	
3) Flynn, Lena 10	4) Hayes, Ashlyn 10	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	1:47.97 10
1) Gute, Reese 11	2) Gute, Bella 12	
3) Chambers, Carlie 12	4) Alley, Lana 11	
2 East Mills	A	1:57.87 8
1) Hagen, Ellie 09	2) Blanton, Isabella 09	
3) Palmer, Loycee 11	4) Brown, Cloe 12	
3 Sidney	A	2:03.85 6
1) Beatty, Alexis 10	2) Foster, Addyson 10	
3) Jameson, Adysen 10	4) Tackett, Jocelyn 10	
4 Griswold	A	2:04.78 4
1) Laverty, Reese 12	2) Gohlinghorst, Sadie 10	
3) Steinhoff, Alexa 09	4) Dorscher, Camille 09	
5 Heartland Christ	A	2:14.78 2
1) Capello, Neisa 11	2) Steinmetz, Grace 12	
3) Diehm, Keira 10	4) Garcia, Lexani 10	
6 Stanton	A	2:16.79 1
1) Grebin, Gabi 09	2) Fletchall, Victoria 12	
3) Gettler, Addy 10	4) French, Piper 09	
--- Fremont-Mills	B	X2:03.64
1) Campbell, Greenlie 09	2) Barbour, Ellie 09	
3) Heard, Izzy 10	4) Castro, Lilly 09	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Griswold	A	4:30.64 10
1) Houser, Amanda 10	2) Gohlinghorst, Sadie 10	
3) Wyman, Bristol 10	4) Adams, Addison 12	
2 Fremont-Mills	A	4:50.43 8
1) Carter, Gracie 09	2) Barbour, Ellie 09	
3) Reafleng, Kaidynce 12	4) Kates, Trinity 12	
3 East Mills	A	5:11.04 6
1) Stearns, Mackenzie 11	2) Jones, Brooke 11	
3) Blanton, Isabella 09	4) Grindle, Ava 09	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Griswold	A	10:50.40 10
1) Askeland, Marissa 12	2) Steinhoff, Alexa 09	
3) Gohlinghorst, Sadie 10	4) Adams, Addison 12	
2 Fremont-Mills	A	12:25.60 8
1) Forney, Ava 10	2) Heard, Izzy 10	
3) Smith, Lindze 11	4) Kates, Trinity 12	

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	1:58.89 10
1) Gute, Reese 11	2) Blackburn, Kinley 11	
3) Reafleng, Kaidynce 12	4) Nuckolls, Carlie 10	
2 East Mills	A	2:06.12 8
1) Hagen, Ellie 09	2) Palmer, Loycee 11	
3) Pontow, Teagan 09	4) Crouse, Caitlyn 09	
3 Griswold	A	2:07.63 6
1) Peterson, Brooklynne 12	2) Steinhoff, Alexa 09	
3) Laverty, Reese 12	4) Dorscher, Camille 09	
4 Stanton	A	2:16.75 4
1) Grebin, Gabi 09	2) Fletchall, Victoria 12	
3) Gettler, Addy 10	4) French, Piper 09	
5 Sidney	A	2:17.92 2
1) Jameson, Adysen 10	2) Foster, Addyson 10	
3) Hayes, Ashlyn 10	4) Barrett, Alexis 10	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	4:31.85 10
1) Blackburn, Kinley 11	2) Chambers, Carlie 12	
3) Nuckolls, Carlie 10	4) Wilson, Hannah 12	
2 East Mills	A	4:57.91 8
1) Stearns, Mackenzie 11	2) Fulton, Leighton 10	
3) Grindle, Ava 09	4) Crouse, Caitlyn 09	
3 Griswold	A	5:05.03 6
1) Peterson, Brooklynne 12	2) Gohlinghorst, Sadie 10	
3) Laverty, Reese 12	4) Dorscher, Camille 09	

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Finals ... (Girls Distance Medley)

Team		Relay	Finals	
4	Sidney	A	5:32.07	4
1) Jameson, Adysen 10		2) Clark, Chloe 09		
3) Hayes, Ashlyn 10		4) Barrett, Alexis 10		
5	Stanton	A	5:59.87	2
1) Grebin, Gabi 09		2) Stites, Kennedy 09		
3) Hopf, Corinne 10		4) Fletchall, Victoria 12		

Girls 4x100 Meter Shuttle Hurdle

Team		Relay	Finals	
Finals				
1	Fremont-Mills	A	1:06.59	10
	1) Gute, Bella 12		2) Gute, Reese 11	
	3) Nuckolls, Carlie 10		4) Alley, Lana 11	
2	Griswold	A	1:10.58	8
	1) Laverty, Reese 12		2) Wyman, Bristol 10	
	3) Adams, Addison 12		4) Adams, Carsyn 10	
3	Heartland Christ	A	1:27.18	6
	1) Cramer, Noel 12		2) Steinmetz, Ava 09	
	3) Flores, Joanna 10		4) Diehm, Keira 10	
---	Stanton	A		DQ
	1) Olson, Hannah 12		2) Hart, Kyla 12	
	3) Roberts, Lauren 09		4) Johnson, Lauren 12	

Girls High Jump

Name		Yr	School	Finals	
Finals					
1	Chambers, Carlie	12	Fremont-Mill	J5-00.00	10
2	Brown, Cloe	12	East Mills	J5-00.00	8
3	Tackett, Jocelyn	10	Sidney	J4-10.00	6
4	Billingsley, Brookelynn	10	Fremont-Mill	J4-10.00	4
5	Roberts, Lauren	09	Stanton	J4-08.00	2
6	Palmer, Airika	10	Griswold	J4-04.00	1
7	Steinmetz, Ava	09	Heartland Ch	J4-04.00	

Girls Long Jump

Name		Yr	School	Finals	
Finals					
1	Johnson, Lauren	12	Stanton	16-02.00	10
2	Haggerty, Keyana	09	Sidney	14-11.75	8
3	Nuckolls, Carlie	10	Fremont-Mill	14-04.00	6
4	Wyman, Brystol	10	Griswold	13-09.00	4
5	Cramer, Noel	12	Heartland Ch	13-08.00	2
6	Goy, Addy	12	East Mills	13-01.00	1
7	Barbour, Ellie	09	Fremont-Mill	12-04.00	
8	Campbell, Greenlie	09	Fremont-Mill	11-11.25	
9	Kisichy, Rifenta	11	Ia School De	11-01.75	
10	Flynn, Lena	10	Sidney	10-11.50	
11	Wilterdink, Adalie	10	Heartland Ch	10-06.50	
12	Kinser, Delilah	11	Griswold	9-11.75	

Girls Shot Put

Name		Yr	School	Finals	
Finals					
1	Mattox, Hayleigh	11	Fremont-Mill	33-07.50	10

2	McLaughlin, Jenevieve	10	Fremont-Mill	33-05.50	8
3	Stiverson, Shaylee	10	East Mills	31-07.50	6
4	Gade, Ella	09	Griswold	29-09.00	4
5	Jones, Brooke	11	East Mills	28-10.00	2
6	Anderson, Corinne	09	Heartland Ch	28-07.50	1
7	Harrison, Ryleigh	12	Griswold	28-01.00	
8	Hilton, Claire	10	Fremont-Mill	26-11.50	
9	Grondahl, Alberte	10	Fremont-Mill	26-08.50	
10	Amos, Zoey	10	Griswold	26-06.00	
11	Rush, Macy	10	Griswold	25-03.00	
12	Flores, Joanna	10	Heartland Ch	25-00.00	
13	Garcia, Lexani	10	Heartland Ch	24-07.00	
13	Sayers, Venna	11	East Mills	24-07.00	
15	Morgan, Czandrya	09	Sidney	23-02.50	
16	Stites, Kennedy	09	Stanton	21-06.50	
17	Hopf, Corinne	10	Stanton	20-06.50	
18	Aguilar, Joann	10	Ia School De	18-07.50	
19	Wood, Amiya	10	Ia School De	18-05.00	
20	Wilterdink, Adalie	10	Heartland Ch	17-09.00	

Girls Discus Throw

Name		Yr	School	Finals	
Finals					
1	Mattox, Hayleigh	11	Fremont-Mill	110-07	10
2	McLaughlin, Jenevieve	10	Fremont-Mill	98-11	8
3	Gade, Ella	09	Griswold	94-05	6
4	Stiverson, Shaylee	10	East Mills	94-01	4
5	Hilton, Claire	10	Fremont-Mill	J87-06	
5	Harrison, Ryleigh	12	Griswold	J86-10	2
6	Garcia, Lexani	10	Heartland Ch	J84-03	1
8	Amos, Zoey	10	Griswold	82-00	
9	Kinser, Delilah	11	Griswold	78-08	
10	Derozier, Claire	10	Heartland Ch	75-07	
11	Anderson, Corinne	09	Heartland Ch	75-03	
12	Flores, Joanna	10	Heartland Ch	71-07.50	
13	Hastie, Ruby	11	East Mills	70-07	
14	Hopf, Corinne	10	Stanton	67-00	
15	Morgan, Czandrya	09	Sidney	60-07	
16	Moyers, Kinsley	10	East Mills	58-02.50	
17	Gill, Lillian	09	Fremont-Mill	57-00	
18	Stites, Kennedy	09	Stanton	56-08	
19	Aguilar, Joann	10	Ia School De	43-01	
20	Wood, Amiya	10	Ia School De	37-02	

Boys 100 Meter Dash

Name		Yr	School	Finals	
Finals					
1	Sternberg, Luke	12	Ahstw	11.57	10
2	Ekpai, Jonathan	11	Fremont-Mill	11.75	8
3	Brodigan, Jiri	11	East Mills	11.80	6
4	Campbell, Paxton	09	Fremont-Mill	12.13	4
5	Stenzel, Aiden	11	Sidney	12.13	2
6	Seipold, Walter	12	East Mills	12.18	1
7	McLaughlin, Jordan	12	Fremont-Mill	12.46	
8	Sowers, Brodee	11	Stanton	13.21	
9	Hyde, Daniel	10	Sidney	13.61	

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Finals ... (Boys 100 Meter Dash)

Name	Yr	School	Finals
10 Miles, Fisher	10	Ahstw	13.71
11 Heller, Jackson	10	Sidney	13.74
12 Snow, Jayden	09	Stanton	13.81
13 Marsh, Owen	09	Stanton	13.83
14 York, Judah	09	Heartland Ch	14.13
15 Blotzer, Sage	10	Ahstw	14.48
16 Kaiser, Cash	09	Ahstw	14.65
17 Spooner, Bryce	09	Heartland Ch	14.67
18 Beker, Bn	11	Ia School De	15.36
19 Arterburn, Joe	09	Heartland Ch	16.06
20 Nichols, Micah	09	Heartland Ch	17.04

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sternberg, Luke	12	Ahstw	22.98 10
2 Ekpai, Jonathan	11	Fremont-Mill	23.41 8
3 Forney, Sawyer	11	Fremont-Mill	24.74 6
4 Urban, Caleb	12	East Mills	25.31 4
5 Lang, Max	09	Sidney	27.14 2
6 Marsh, Owen	09	Stanton	28.67 1
7 Kaiser, Cash	09	Ahstw	28.73
8 Purifoy, Timothy	10	Ia School De	40.92
--- Roach, Ethan	10	Fremont-Mill	X28.09
--- Lemonds, Rhett	10	Fremont-Mill	X28.36

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Sternberg, Luke	12	Ahstw	51.22 10
2 Harder, Collin	11	Ahstw	53.34 8
3 Bell, Flynt	11	Sidney	56.39 6
4 Ewalt, Chance	09	Fremont-Mill	56.67 4
5 Ware, Bentlee	09	Fremont-Mill	1:02.66 2
6 Mount, Max	09	Sidney	1:03.91 1
7 Roach, Ethan	10	Fremont-Mill	1:05.26
8 Ripperger, Brock	09	East Mills	1:13.25

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Harder, Collin	11	Ahstw	2:04.02 10
2 Carter, Anderson	11	Fremont-Mill	2:10.80 8
3 Jorgenson, Carter	10	Sidney	2:18.82 6
4 Johnson, Ben	10	Fremont-Mill	2:25.37 4
5 Allen, Trystan	11	Heartland Ch	2:28.48 2
6 Mount, Max	09	Sidney	2:33.08 1
7 Wade, John	09	East Mills	2:52.92
8 Andrew, Christopher	12	Ia School De	3:04.12
9 Nichols, Micah	09	Heartland Ch	3:32.32
--- Morse, Colin	09	Fremont-Mill	X2:32.61

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Harder, Collin	11	Ahstw	4:54.43 10
2 Buttry, Carter	10	Sidney	5:02.98 8
3 Lemonds, Wyatt	10	Fremont-Mill	5:29.81 6
4 Gibbs, Landon	10	East Mills	5:33.49 4
5 Foster, Kaden	12	Fremont-Mill	5:53.59 2
6 Blotzer, Sage	10	Ahstw	6:46.45 1
7 Nichols, Micah	09	Heartland Ch	7:25.12
--- Korver, Ryan	09	Fremont-Mill	X6:25.02

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Buttry, Carter	10	Sidney	10:50.97 10
2 Lemonds, Wyatt	10	Fremont-Mill	12:02.47 8
3 Holtmyer, Michael	11	Heartland Ch	13:01.99 6
4 Korver, Ryan	09	Fremont-Mill	13:28.24 4

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Embree, Jackson	12	East Mills	17.29 10
2 Anderson, Levi	12	Heartland Ch	17.40 8
3 Rycroft, Carter	11	Fremont-Mill	17.81 6
4 Grebin, Rylan	11	Stanton	18.89 4
5 York, Judah	09	Heartland Ch	21.27 2

Boys 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Seipold, Walter	12	East Mills	59.61 10
2 Rycroft, Carter	11	Fremont-Mill	1:02.23 8
3 Zimmerman, Broden	09	Fremont-Mill	1:08.74 6
4 York, Judah	09	Heartland Ch	1:10.98 4
5 Miles, Fisher	10	Ahstw	1:10.99 2
6 Allen, Terrell	09	East Mills	1:11.26 1

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	44.95 10
1) Baker, Landon 12	2) Ekpai, Jonathan 11	
3) Forney, Sawyer 11	4) Campbell, Paxton 09	
2 East Mills	A	46.56 8
1) Williams, Jordan 12	2) Embree, Jackson 12	
3) Urban, Caleb 12	4) Stearns, Cooper 12	
3 Sidney	A	46.90 6
1) Hensley, Michael 12	2) Payne, Kolt 12	
3) Mount, Tate 11	4) Stenzel, Aiden 11	
4 Ahstw	A	49.40 4
1) Holmes, Christopher 11	2) Sandbothe, Kayden 09	
3) Wheatley, Chase 11	4) Jensen, Jackson 10	

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Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Finals
5 Stanton	A	50.70 2
1) Herrick, Nicholas 10	2) Marsh, Owen 09	
3) Dreyer, Cooper 09	4) Snow, Jayden 09	
--- Sidney	B	X50.31
1) Lang, Max 09	2) Hobbie, Will 10	
3) Boyd, Zach 09	4) Behrends, Rylan 10	
--- Stanton	B	X55.18
1) Sallach, Beau 12	2) Sowers, Brodee 11	
3) Grebin, Rylan 11	4) Cox, Brandon 12	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 East Mills	A	1:35.65 10
1) Williams, Jordan 12	2) Stearns, Cooper 12	
3) Brodigan, Jiri 11	4) Seipold, Walter 12	
2 Sidney	A	1:39.45 8
1) Hensley, Michael 12	2) Payne, Kolt 12	
3) Mount, Tate 11	4) Stenzel, Aiden 11	
3 Ahstw	A	1:43.88 6
1) Lake, Bentley 09	2) Holmes, Christopher 11	
3) Sandbothe, Kayden 09	4) Jensen, Jackson 10	
4 Fremont-Mills	A	1:46.57 4
1) McLaughlin, Jordan 12	2) Lemonds, Rhett 10	
3) Kling, Aidyn 10	4) Roberts, Aidan 10	
5 Stanton	A	1:50.58 2
1) Sallach, Beau 12	2) Herrick, Nicholas 10	
3) Dreyer, Cooper 09	4) Cox, Brandon 12	
6 Heartland Christ	A	2:02.41 1
1) Allen, Trystan 11	2) Messinger, Olee 09	
3) Spooner, Bryce 09	4) Arterburn, Joe 09	
7 Ia School Deaf	A	2:24.72
1) Purifoy, Timothy 10	2) Stacey, Nathan 12	
3) Beker, Bn 11	4) Stuckey, Hunter 09	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	3:57.31 10
1) Morse, Landon 10	2) Ewalt, Chance 09	
3) Campbell, Paxton 09	4) Carter, Anderson 11	
2 Sidney	A	4:04.03 8
1) Johnson, Calvin 10	2) Buttry, Andreas 12	
3) Boyd, Zach 09	4) Bell, Flynt 11	
3 Ahstw	A	4:22.19 6
1) Lake, Bentley 09	2) Leary, Riley 10	
3) Kaiser, Cash 09	4) Behrens, Donnovin 09	
4 East Mills	A	4:34.26 4
1) Ripperger, Brock 09	2) Allen, Terrell 09	
3) Wade, John 09	4) Reed, Jhalil 09	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Sidney	A	8:57.21 10
1) Johnson, Calvin 10	2) Bell, Flynt 11	
3) Jorgenson, Carter 10	4) Buttry, Andreas 12	
2 Ahstw	A	9:29.96 8
1) Geraghty, Caden 12	2) Wheatley, Chase 11	
3) Jensen, Jackson 10	4) Leary, Riley 10	
3 Fremont-Mills	A	10:01.95 6
1) Johnson, Ben 10	2) Ewalt, Chance 09	
3) Morse, Colin 09	4) Foster, Kaden 12	
4 Heartland Christ	A	11:41.28 4
1) Messinger, Olee 09	2) Spooner, Bryce 09	
3) Fetter, Ra J 12	4) Nichols, Micah 09	

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 Ahstw	A	1:40.85 10
1) Sandbothe, Kayden 09	2) Wheatley, Chase 11	
3) Sternberg, Luke 12	4) Harder, Collin 11	
2 East Mills	A	1:41.94 8
1) Embree, Jackson 12	2) Brodigan, Jiri 11	
3) Stearns, Cooper 12	4) Urban, Caleb 12	
3 Sidney	A	1:48.88 6
1) Hensley, Michael 12	2) Payne, Kolt 12	
3) Mount, Tate 11	4) Lang, Max 09	
4 Fremont-Mills	A	1:50.41 4
1) Crom, Gavin 09	2) Kling, Aidyn 10	
3) Morse, Landon 10	4) Ware, Bentlee 09	
5 Stanton	A	1:51.63 2
1) Sallach, Beau 12	2) Grebin, Rylan 11	
3) Snow, Jayden 09	4) Dreyer, Cooper 09	
6 Heartland Christ	A	1:58.86 1
1) Anderson, Levi 12	2) Holtmyer, Michael 11	
3) Fetter, Ra J 12	4) Spooner, Bryce 09	

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	3:58.79 10
1) Ekpai, Jonathan 11	2) Forney, Sawyer 11	
3) Rycroft, Carter 11	4) Carter, Anderson 11	
2 Ahstw	A	4:07.08 8
1) Holmes, Christopher 11	2) Jensen, Jackson 10	
3) Geraghty, Caden 12	4) Wheatley, Chase 11	
3 Sidney	A	4:24.88 6
1) Hobbie, Will 10	2) Behrends, Rylan 10	
3) Lang, Max 09	4) Boyd, Zach 09	
4 East Mills	A	4:24.97 4
1) Hagen, Cooper 11	2) Wilson, Michael 11	
3) Reed, Jhalil 09	4) Gibbs, Landon 10	

FM HS Coed 2025 - 4/29/2025

Tabor
Results

Finals ... (Boys Distance Medley)				
Team		Relay	Finals	
5	Heartland Christ	A	4:45.76	2
1) Messinger, Olee 09		2) Arterburn, Joe 09		
3) Holtmyer, Michael 11		4) Capron, Gavin 10		

Boys 4x110 Meter Shuttle Hurdle				
Team		Relay	Finals	
Finals				
1	Fremont-Mills	A	1:13.51	10
	1) Baker, Landon 12		2) Morse, Landon 10	
	3) Lemonds, Rhett 10		4) Rycroft, Carter 11	
2	Stanton	A	1:14.42	8
	1) Herrick, Nicholas 10		2) Snow, Jayden 09	
	3) Sallach, Beau 12		4) Grebin, Rylan 11	
3	Heartland Christ	A	1:18.54	6
	1) York, Judah 09		2) Allen, Trystan 11	
	3) Capron, Gavin 10		4) Anderson, Levi 12	

Boys High Jump				
Name		Yr	School	Finals
Finals				
1	Stenzel, Aiden	11	Sidney	J5-10.00 10
2	McLaughlin, Jordan	12	Fremont-Mill	J5-06.00 8
3	Allen, Trystan	11	Heartland Ch	J5-02.00 6
4	Jensen, Jackson	10	Ahstw	J5-00.00 3
4	Seipold, Walter	12	East Mills	J5-00.00 3

Boys Long Jump				
Name		Yr	School	Finals
Finals				
1	Baker, Landon	12	Fremont-Mill	18-11.75 10
2	Campbell, Paxton	09	Fremont-Mill	18-09.00 8
3	Reed, Jhalil	09	East Mills	17-07.00 6
4	Messinger, Olee	09	Heartland Ch	16-08.00 4
5	Capron, Gavin	10	Heartland Ch	13-06.00 2

Boys Shot Put				
Name		Yr	School	Finals
Finals				
1	Peterson, Jett	12	Ahstw	49-01.00 10
2	Crom, Gavin	09	Fremont-Mill	40-03.50 8
3	Williams, Jordan	12	East Mills	38-10.75 6
4	Dovel, Mason	12	Sidney	38-06.75 4
5	Sowers, Brodee	11	Stanton	38-05.50 2
6	Kingsolver, Ben	11	Sidney	37-09.50 1
7	Hagen, Cooper	11	East Mills	37-05.00
8	Herrick, Nicholas	10	Stanton	36-09.00
9	Hensley, Michael	12	Sidney	36-08.75
10	Fetter, Ra J	12	Heartland Ch	35-03.25
11	Scheffler, Roman	10	Ahstw	35-02.75
12	Viner, Tyson	10	East Mills	33-11.75
13	Holtmyer, Michael	11	Heartland Ch	31-09.25
14	Reyes, Asa	10	Fremont-Mill	30-02.50
15	Schaaf, Brody	09	Fremont-Mill	29-11.50
16	Stuckey, Hunter	09	Ia School De	25-01.00

17	Carmichael, Caleb	09	Ia School De	24-11.75
18	Heller, Richard	09	Sidney	23-03.25
Boys Discus Throw				
Name		Yr	School	Finals
Finals				
1	Dovel, Mason	12	Sidney	127-04 10
2	Peterson, Jett	12	Ahstw	125-05 8
3	Sowers, Brodee	11	Stanton	120-01 6
4	McLaughlin, Jordan	12	Fremont-Mill	120-00 4
5	Scheffler, Roman	10	Ahstw	116-00 2
6	Kingsolver, Ben	11	Sidney	107-07 1
7	Fetter, Ra J	12	Heartland Ch	106-05
8	Zimmerman, Broden	09	Fremont-Mill	104-01
9	Crom, Gavin	09	Fremont-Mill	97-08
10	Stearns, Cooper	12	East Mills	93-03
11	Schaaf, Brody	09	Fremont-Mill	92-00
12	Capron, Gavin	10	Heartland Ch	81-11
13	Viner, Tyson	10	East Mills	74-02.50
14	Wilson, Michael	11	East Mills	72-07
15	Hart, Brett	09	Stanton	67-06
16	Heller, Richard	09	Sidney	64-07
17	Stuckey, Hunter	09	Ia School De	61-04
18	Carmichael, Caleb	09	Ia School De	59-04
19	Arterburn, Joe	09	Heartland Ch	51-05.50

Women - Team Rankings - 19 Events Scored	
1) Fremont-Mills	179
2) Griswold	138
3) East Mills	80
4) Heartland Christ	62
5) Stanton	56
6) Sidney	39
7) Ia School Deaf	2

Men - Team Rankings - 19 Events Scored	
1) Fremont-Mills	176
2) AHSTW	126
3) Sidney	106
4) East Mills	85
5) Heartland Christ	48
6) Stanton	27