



CENTRE WELLINGTON FIRE RESCUE

SENIOR SAFETY DAY

FREE ENTRY

- 10:00 AM:** Sign-In
- 10:30 AM:** Opening Remarks
- 10:45 AM:** OPP Presentation
- 11:35 AM:** G-W Community Paramedicine Presentation
- 12:30 PM:** Lunch
- 1:00 PM:** Crime Stoppers/Victim Services Presentation
- 1:45 PM:** VON Presentation
- 2:30 PM:** CW Fire Rescue Presentation
- 3:00 PM:** Closing Remarks

Only 75 seats available!

Scan the QR Code to Book or Contact Us:

519-843-1950 | fireprevention@centrewellington.ca



Wednesday, April 8, 2026



Jefferson Elora Community Centre
29 David St W, Elora



10AM - 3PM

SCAN HERE



Crime Stoppers/Victim Services

Crime Stoppers Guelph Wellington (CSGW) and Victim Services Wellington team up to help remove stigma around scams with Fraud Talk. This presentation covers the more common scams, some emerging trends, as well as giving you the tools to help identify fraud. The message is to share your experience with these scams to help protect others. Information provided is sourced from Canadian Anti-Fraud Centre as well as lived experience from victims who have shared. The goal is to create a safe space for conversation around scams, because victims are not “stupid”.

OPP

The Auxiliary Unit will deliver an excellent presentation on the Safeguard Program. This crime-prevention initiative provides practical tips and strategies to help individuals better protect or “safeguard” their homes and properties from becoming targets of crime.

VON

VON SMART Exercise & Falls Prevention Education Session

Frailty or falls are not an inevitable part of aging and knowledge is power. This engaging SMART Falls Prevention education session explores why falls happen, the common fall cycle, and the important role nutrition plays in strength, balance, and bone health. Participants will learn practical strategies to reduce their risk of falling, how to make their home safer and free of fall hazards, and how vision and hearing changes can impact balance and stability. We highlight the critical role exercise plays in falls prevention, demonstrate how to safely get up after a fall, and empower individuals with confidence and practical tools to stay independent. As Confucius reminds us, “The greatest glory is not in never falling, but in rising every time we fall.”

Centre Wellington Fire Rescue

Centre Wellington Fire Rescue will give a presentation on fire safety messaging and tips to make your home safe from fire and other hazardous events.

Guelph-Wellington Community Paramedicine

Community Paramedic Program-Community Paramedicine is an evolving model of community-based health care in which paramedics operate in an expanded role, outside traditional emergency response and transport. The program aims to support individuals in accessing collaborative resources in order to reduce dependency on 911 and possible transports to the emergency department.